

## First Chance Community Center Member Application

<input type="checkbox"/>	Fitness Center
<input type="checkbox"/>	Boxing Club

Name \_\_\_\_\_ Date of Birth \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_ Zip \_\_\_\_\_

Telephone \_\_\_\_\_ E-Mail \_\_\_\_\_

Race (check all that apply)  
 \_\_\_\_\_ White \_\_\_\_\_ Hispanic/Latino \_\_\_\_\_ African American \_\_\_\_\_ Asian \_\_\_\_\_ (Optional)

Primary Language: \_\_\_\_\_ English \_\_\_\_\_ Spanish \_\_\_\_\_ Arabic \_\_\_\_\_ Other \_\_\_\_\_ (Optional)

Household Income: (Circle One)  
 \$0-\$13,999    \$14,000-\$24,999    \$25,000-\$39,999    \$40,000-\$54,999    \$55,000-\$74,999    \$75,000-OVER

Please list all members of the household if for a family membership:

Name	Date of Birth	Allergies	Gender
			M F
			M F
			M F
			M F
			M F
			M F
			M F

Name(s) of person(s) other than guardians that child and/or children can be released to:

Name of Person	Name of Person

\* \* \*

I give permission to First Chance Inc, for my photographs or video image to be used in promotional or informational materials and press media through the First Chance Community Center or its community partners for positive public relations.

Signature \_\_\_\_\_ Date \_\_\_\_\_

If a minor, Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

For Office Use Only

Date Joined \_\_\_\_\_ Member ID # \_\_\_\_\_ Membership Type \_\_\_\_\_ Membership Card Issued \_\_\_\_\_

Joiner's Fee \_\_\_\_\_ Receipt # \_\_\_\_\_ Method Of Payment \_\_\_\_\_ Staff Initials \_\_\_\_\_

## Policies and Procedures

- All new members or their guests must have a current picture ID to enable entry of the Community Center.
- Any member not paying fees on time may be removed from membership. The member may then apply for reinstatement at any time. A reinstatement fee will be assessed.
- Memberships are not to be reassigned, transferred, or sold. Members who lend their membership cards to non-members may have their membership and other services cancelled without refund.
- Management reserves the right to refuse or cancel membership and/or members services at any time.
- Members and guests must wear suitable clothing into the Community Center: gym wear and athletic style footwear.
- Photographs or videos of clients or staff may not be taken.
- Management does not accept liability for any loss, damage or injury as a result of using the facilities at the First Chance Community Center.
- Facilities and services may vary at the discretion of the management.
- Towels are not provided.
- Lockers will be provided for members use. First Chance will not be responsible for any items left in lockers.
- Only Boxing Club members may participate in sparring and other boxing related activities.
  - All applicable safety equipment must be worn when competing or sparring i.e. mouthguards, headgear, groin guards, chestguards, handwraps.
  - Sparring may only take place under the supervision of the Club Coach.
- Members agree to abide by the rules and regulations that are included in this document and that are prominently posted on the Community Center wall. A copy of the Center's rules and code of conduct are available for members upon request. The managing director's reasonable interpretation of the gym rules is final.



# First Chance, Inc.

Community Center

P.O. Box 607

Benton Harbor, MI 49023

Main Office: 269.277.5411 • Fax: 269.277.5412



## MEDICAL RELEASE/WAIVER OF LIABILITY FORM

### **PARTICIPANT RELEASE, WAIVER OF LIABILITY, ASSUMPTION OF RISK, INDEMNITY AND PARENTAL CONSENT AGREEMENT (“AGREEMENT”)**

**IN CONSIDERATION** of being permitted to participate in any way in any First Chance, Inc. Recreational activity (“Activity”), I for myself, my personal Representatives, assigns, heirs and next of kin:

- 1. ACKNOWLEDGE**, agree, and represent that I understand the nature of the Activity and that I am qualified in good health, and proper physical condition to participate in such Activity. I further agree and warrant that if at any time I believe conditions to be unsafe, I will immediately discontinue further participation in the Activity.
- 2. FULLY UNDERSTAND** that: (a) PHYSICAL ACTIVITY INVOLVES RISKS AND DANGERS OF SERIOUS BODILY INJURY, INCLUDING PERMANENT DISABILITY, PARALYSIS, AND DEATH (“RISKS”); (b) these Risks and dangers may be caused by my own actions or inactions of others participating in the Activity, the condition in which the Activity takes place or THE NEGLIGENCE OF THE “RELEASEES” NAMED BELOW; (c) there may be OTHER RISKS AND SOCIAL AND ECONOMIC LOSSES either not known to me or not readily foreseeable at this time; and I FULLY ACCEPT AND ASSUME ALL SUCH RISKS AND ALL RESPONSIBILITY FOR LOSSES, COSTS, AND DAMAGES I incur as a result of my participation or that of the minor in the Activity.
- 3. I HEREBY RELEASE, DISCHARGE AND COVENANT NOT TO SUE** First Chance Inc., as well as the officers, directors, agents, employees and assigns of First Chance Inc., coaches, officials, administrators, members, volunteers, participants, sponsors, advertisers, and if applicable, owners and lessors of premises on which the Activity takes place and any other party indemnified and held harmless by First Chance, Inc., (each considered one of the “RELEASEES” herein) FROM ALL LIABILITY, CLAIMS, DEMANDS, LOSSES, OR DAMAGES ON MY ACCOUNT CAUSED OR ALLEGED TO BE CAUSED IN WHOLE OR IN PART BY THE NEGLIGENCE OF THE “RELEASEES” OR OTHERWISE, INCLUDING NEGLIGENT RESCUE OPERATIONS, NEGLIGENT SECURITY, TRAVEL AND RECREATIONAL OPERATIONS AND ACTIVITIES, AND I FURTHER AGREE that if, despite this RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK AND INDEMNITY AGREEMENT, I or anyone on my behalf against any of the RELEASEES, I WILL INDEMNIFY, SAVE AND HOLD HARMLESS EACH OF THE RELEASEES from any litigation expenses, attorney fees, loss, liability, damage, or cost which any may incur as the result of such claim.
- 4. I HAVE READ THIS AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT AND HAVE SIGNED IT FREELY AND WITHOUT ANY INDUCEMENT OR ASSURANCE OF ANY NATURE AND INTEND IT TO BE A COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY TO THE GREATEST EXTENT ALLOWED BY LAW AND AGREE THAT IF ANY PORTION OF THIS AGREEMENT IS HELD TO BE INVALID THE BALANCE, NOT WITHSTANDING, SHALL CONTINUE TO BE IN FULL FORCE AND EFFECT.**



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### MINOR RELEASE

5. AND I, THE MINOR'S PARENT AND/OR LEGAL GUARDIAN, UNDERSTAND THE NATURE OF PHYSICAL ACTIVITY AND THE MINOR'S EXPERIENCE AND CAPABILITIES AND BELIEVE THE MINOR TO BE QUALIFIED, IN GOOD HEALTH, AND IN PROPER PHYSICAL CONDITION TO PARTICIPATE IN SUCH ACTIVITY. I HEREBY RELEASE, DISCHARGE, COVENANT NOT TO SUE AND AGREE TO INDEMNIFY AND SAVE AND HOLD HARMLESS EACH OF THE RELEASEES FROM ALL LIABILITY, CLAIMS, DEMANDS, LOSSES, OR DAMAGES ON THE MINOR'S ACCOUNT CAUSED OR ALLEGED TO BE CAUSED IN WHOLE OR IN PART BY THE NEGLIGENCE OF THE "RELEASEES" OR OTHERWISE, INCLUDING NEGLIGENT RESCUE OPERATIONS AND FURTHER AGREE THAT IF, DESPITE THIS RELEASE, I, THE MINOR, OR ANYONE ON THE MINOR'S BEHALF MAKES A CLAIM AGAINST ANY OF THE RELEASEES NAMED ABOVE WILL INDEMNIFY, SAVE, AND HOLD HARMLESS EACH OF THE RELEASEES FROM ANY LITIGATION EXPENSES, ATTORNEY FEES, LOSS, LIABILITY, DAMAGE, OR COST ANY MAY INCUR AS THE RESULT OF ANY SUCH CLAIM.

### MEDICAL TREATMENT FORM

6. \_\_\_\_\_ I AUTHORIZE a duly appointed representative of FIRST CHANCE Inc., to consent to emergency medical treatment during my participation in First Chance Recreational events.

Physician's Name \_\_\_\_\_ Phone Number \_\_\_\_\_

\_\_\_\_\_ I DECLINE to authorize consent for emergency medical treatment during my participation in First Chance Recreational events for the following reason:

If you marked DECLINE, please mark one of the following:

- \_\_\_\_\_ Religious
- \_\_\_\_\_ Personal
- \_\_\_\_\_ Other: \_\_\_\_\_

PRINTED NAME OF PARTICIPANT \_\_\_\_\_

ADDRESS \_\_\_\_\_ CITY \_\_\_\_\_

STATE \_\_\_\_\_ ZIP \_\_\_\_\_

PHONE \_\_\_\_\_ E-MAIL \_\_\_\_\_

Only if OVER 18 years of age,

PARTICIPANT SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_

PRINTED NAME OF PARENT/LEGAL GUARDIAN \_\_\_\_\_

ADDRESS \_\_\_\_\_ CITY \_\_\_\_\_

STATE \_\_\_\_\_ ZIP \_\_\_\_\_

PHONE \_\_\_\_\_ E-MAIL \_\_\_\_\_

Only if UNDER 18 years of age,

Parent/Guardian Signature \_\_\_\_\_ DATE \_\_\_\_\_

**"Improving our Present; Protecting our Future"  
Proactive vs. Reactive**

# **First Chance Gym**

## **Rules & Regulations**

### **Membership Rules:**

- All new members or guests must have suitable ID to enable entry and use of First Chance's facilities. It is the member's responsibility to inform First Chance of any change of contact/address details.
- All members must swipe in with their membership card upon every entry to the gym. Replacement membership card due to loss, theft or damage will be charged \$5.
- Members or guests must wear suitable clothing, gym wear and footwear at all times at the gym. Jeans and similar clothing, open-toed sandals/flip flops etc. are not acceptable on the gym floor. Due to the nature of some classes, footwear may not be needed – at the discretion of the instructor.
- No Towel, no entry.
- Lockers are for day use only!
- Members or guests will not be permitted to join classes more than 5 minutes after the class has started. This is to ensure the class is safe and to avoid interrupting other attendees. Class entry will only be guaranteed for members who successfully book a slot in advance.
- Membership is personal to the member and may not be reassigned, transferred, sold on or otherwise disposed of. Members who lend their card to third parties will have their membership and other services cancelled without refund.
- Membership may be refused or cancelled with good reason at the discretion of the management at any time. Admission may be refused at the discretion of the management. First Chance does not accept any form of threatening or abusive behavior to members, guests or staff.
- First Chance does not accept liability for any loss, damage or injury as a result of using our facilities.
- Facilities and services may vary at the discretion of the management.
- All members agree to abide by the rules and conduct of the gym as defined here and posted in our gym. A copy of gym rules and conduct is available for members upon request. The Managing Director's reasonable interpretation of the Gym Rules is final.

### **Conduct Rules:**

- First Chance celebrates difference, insists on respect, and promotes tolerance. Offensive and disrespectful members will be banned.
- Members will be held responsible for the behavior of their guests.
- Any member's conduct deemed to be prejudicial to the interest and good name of the gym will not be tolerated.
- Suitable training clothes must be worn. Members will not be permitted to work out wearing jeans or without tops/suitable training shoes.

## **First Chance Gym Rules & Regulations**

- Try not to drop weights on the floor. The noise is startling, and there's a chance the weight will bounce or roll and harm someone.
- Put equipment back where it belongs. It's aggravating to try to find the right dumbbell when it isn't in the rack. It's even more aggravating to trip over a dumbbell that was left on the floor.
- Wipe off benches and machines after you use them. There's nothing worse than having to sit in another guy's sweat.
- If you make a mess in the locker room, clean it up. Don't leave puddles of water on the sink, piles of paper towels on the floor, or your clothes all over the bench while you're showering.
- Bags should not be brought into the training areas.
- Report any faults immediately to staff on duty or to reception.
- Smoking or the consumption of alcohol will not be permitted on the premises.
- The consumption, possession, or distribution of illegal or non-prescribed substances will not be tolerated.
- Members must use all the equipment with care.
- Private commercial transactions of any nature will not be tolerated.
- Each member should comply with the instructions of staff in the interests of health and safety.
- Published closing times apply to the gym floor. Members must vacate the premises within 15 minutes of these advertised times.

### **Personal Training Rules:**

- Only trainers approved by the management may use the gym for Personal Training.
- Members shall not be permitted to give personal instruction for financial gain or otherwise.

### **Disclaimers:**

- Neither the gym nor the employees or agents of the gym shall be liable for any loss, damage or theft of personal property belonging to the member, or any guest of the member, occurring on the gym premises.
- Neither the gym nor the employees or the agents shall be responsible for any injury occurring upon the gym premises as a result of the misuse of the facilities and/or equipment provided by the gym.
- Members and guests who are in any doubt as to their physical fitness should seek medical advice before training.

### **Rules interpretation:**

The Managing Director's interpretation of these rules is final.